VO3 FITNESS

Wooden Lifting Platform 6′ x 8'



Product Overview

It provides a dedicated space for weightlifting workouts. The platform is made of a combination of a steel frame and a wooden plate that is bolted together at the corners. The rubber surface is shock absorbing and will reduce wear and tear on the equipment. It also dampens the sound of the barbell when it is dropped.

Key Features

- 4 band pegs for your exercise needs
- The rubber is shock absorbing, protecting your floor and avoid the noise
- 2″ thickness

Specifications

- **Dimensions (L × W × H):**
  98.8" × 75.2" × 2"
  251 x 191 x 5cm
- **Color:** Wooden Color+Black
- **Material**: Wooden+Steel
- **Total Weight:** 236.8 lb (107.4kg)