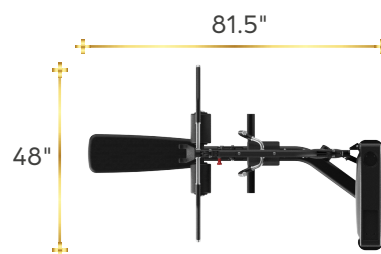
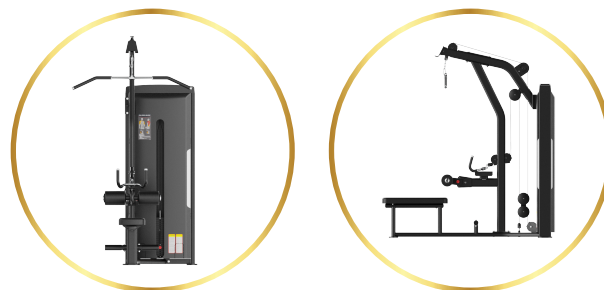




EVO Dual Lat Pull Down / Seated Row



+ Key Features



Dual-Function Training, Complete Back Development

Combines lat pulldown and seated row exercises in one machine, with an ergonomic design that supports efficient training for users of all sizes.



Leg Stabilization Foam Roller, Comfort Without Pressure

High-density foam thigh support with 4-position adjustment provides comfort and stability for users of all sizes.



Extended Seat Pad, Maximum Pre-Stretch Range

The extended seat supports a full range of motion, helping maximize back muscle stretch and contraction during rowing exercises.



Precision Weight Stack Engineering, Professional Training Assurance

High-density 125 kg weight stacks provide smooth, durable resistance with precision-calibrated weight selection.

Product Overview

VO3 EVO Lat Pull Down / Seated Row combines lat pull-downs and rows in one compact station, delivering effective back and shoulder training with smooth, controlled movement.

Specifications

+ Dimensions (L x W x H):

81.5 x 48 x 90.6 in

199.7 x 123.3 x 224 cm

+ Product Weight: 529 lb (240 kg)

+ Maximum User Weight: 320 lb (145 kg)

Warranty

+ Frame: 10 Years

+ Parts: 5 Years

+ Labour: 1 Year

