



3D GLUTES V-Squat



+ Key Features



Dual-Direction Training System
Supports both two directions squat movements, targeting the quadriceps and glute muscles effectively.



Ergonomic Shoulder Support Design
High-elastic pads contour to the shoulders for optimal comfort and reduced pressure under load.



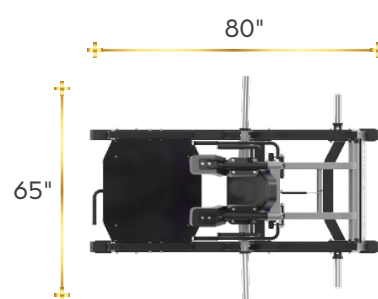
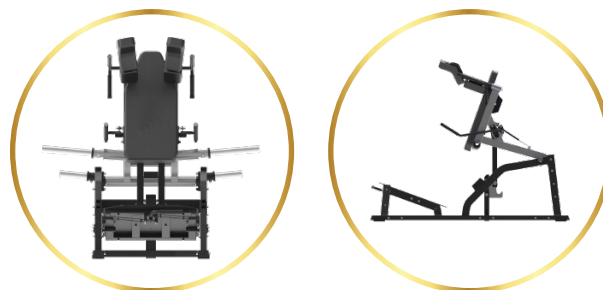
Dual-Grip Configuration
Allows forward and reverse usage, maintaining natural posture and relieving shoulder tension.



Pneumatic Safety Hook System
Effortless dual-hand operation ensures secure racking, even during fatigue or heavy training.



Anti-Slip Adjustable Footplate
Textured surface and quick single-hand angle adjustment deliver superior stability and adaptability for all squat stances.



Product Overview

VO3 3D Glute V-Squat targets the glutes, quads, and hamstrings with a smooth, controlled squat movement for effective lower-body training.

Specifications

- + Dimensions (L x W x H):
80 x 65 x 65.4 in
203 x 165 x 166 cm
- + Product Weight: 423.3 lb (192kg)
- + Maximum User Weight: 350 lb (158.8 kg)
- + Maximum Capacity: 800 lb (363 kg)

Warranty

- + Frame: 10 Years
- + Parts: 5 Years
- + Labour: 1 Year

