



3D GLUTES Standing Abductor

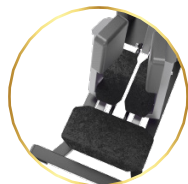


+ Key Features



Functional Standing Design

Trains single-leg stability and glute activation for better pelvic and core control.



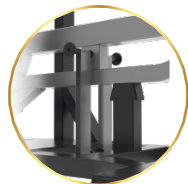
Natural Motion Path:

Biomechanically optimized lever system ensures smooth and efficient hip abduction.



Contoured Leg Support:

Inward-curved pads maintain leg alignment and continuous muscle engagement.



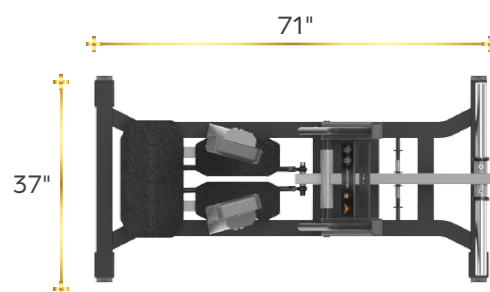
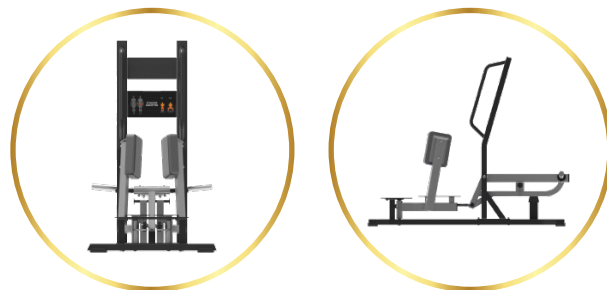
Progressive Resistance:

Band pegs add end-range overload to deepen muscle contraction and tension.



Stable Support System:

Anti-slip handles and footplate provide secure footing and balance during movement.



Product Overview

VO3 3D Glute Standing Abductor targets the glute and hip abductor muscles with a smooth, controlled movement, helping improve lower-body strength, stability, and pelvic control.

Specifications

+ Dimensions (L x W x H):

71 x 37 x 60 in

180.5 x 94 x 152 cm

+ Product Weight: 282.2 lb (128kg)

+ Maximum User Weight: 350 lb (158.8 kg)

+ Maximum Capacity: 800 lb (363 kg)

Warranty

+ Frame: 10 Years

+ Parts: 5 Years

+ Labour: 1 Year

