



ONYX High Row



+ Key Features



Extended Multi-Grip Handles

Rubber-coated and lengthened to support various grip widths, enabling full activation of the lats, traps, and rhomboids for diverse training needs.



Isolated Arm Movement

Unilateral motion prevents compensation, ensuring balanced strength development and precise muscle targeting.



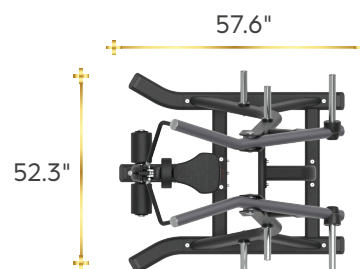
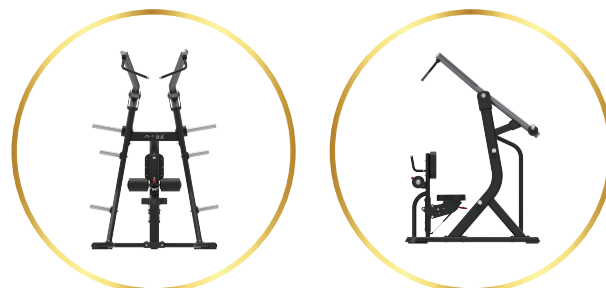
Stabilizing Support System

The chest pad paired with front single-hand grips offers enhanced body stability and supports isolated single-arm training.



User-Friendly Adjustability

Pneumatic infinite seat adjustment and three-position thigh pads accommodate users of different heights, providing secure and comfortable training posture.



Product Overview

ONYX High Row provides smooth, effective rowing motion for targeted back training. Multiple grip options, independent arms, and adjustable support promote balanced muscle development, comfort, and stability.

Specifications

+ Dimensions (L x W x H):

57.6 x 52.3 x 81.7 in

146.4 x 132.8 x 207.5 cm

+ Product Weight: 313 lb (142 kg)

+ Maximum User Weight: 350 lb (158.8 kg)

+ Maximum Capacity: 600 lb (272.2 kg)

Warranty

+ Frame: 10 Years

+ Parts: 5 Years

+ Labour: 1 Year

