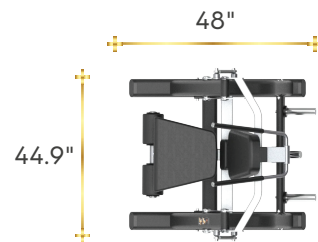
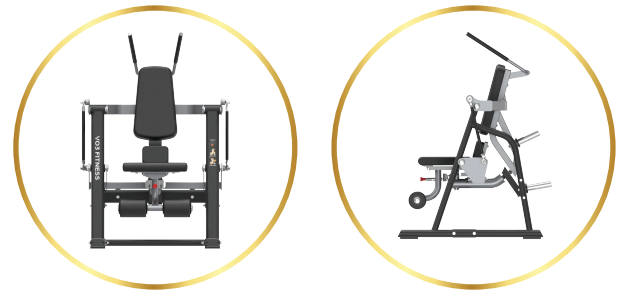




ONYX Abdominal Crunch



+ Key Features



Extra-Long Rubber-Coated Handles
Provide a comfortable grip for users with varying shoulder mobility, reducing spinal compensation caused by limited range of motion.



Three-Position Adjustable Seat with Support Pad
Stabilizes the pelvis and offers full leg support. Adjustable seat angle targets different sections of the core for enhanced training results.



Comfortable Leg Support System
Firm yet cushioned leg pads enhance lower-body stability, minimizing hip involvement and improving isolation.



Precision Linkage Design
Mimics the spine's natural curve throughout the movement, ensuring smooth motion and effective abdominal isolation.

Product Overview

The ONYX Abdominal Crunch is a premium plate-loaded machine designed for targeted core training, featuring an ergonomic movement path, adjustable positioning, and smooth, controlled resistance for safe and effective abdominal workouts.

Specifications

+ Dimensions (L x W x H):

48 x 44.9 x 64.4 in

122 x 114 x 163.5 cm

+ Product Weight: 295 lb (134kg)

+ Maximum User Weight: 350 lb (158.8 kg)

+ Maximum Capacity: 600 lb (272.2 kg)

Warranty

+ Frame: 10 Years

+ Parts: 5 Years

+ Labour: 1 Year

